

SUBSTANCE USE AND MISUSE. A RESOURCE LIST



A range of resources that are available to help Leaders, Commissioners, Trainers and parents to find out more about legal and illegal drugs.

Information given is correct as of the date of issue of this leaflet. Most organisations update publications from time to time and you are advised to contact them for latest details. Since prices change, no cost information has been given although free publications are indicated.

Always read through publications or view videos before using them with young people. This will enable you to see that they are suitable for your target audience and prepare you for any potential questions.

BOOKS

STREET DRUGS

Andrew Tyler
Published by Coronet Books
Price £7.99
ISBN 0 340 60975 3

This is a first class book. It is written in any easy style and is not judgmental, giving details of most drugs including alcohol and tobacco.
Available: Bookshops

BOOKLETS AND LEAFLETS

A PARENTS GUIDE TO DRUGS AND ALCOHOL

Published by HPE
Free

A 24-page booklet covering most drugs including solvents. Well illustrated in colour.
Available: Drugs Campaign
Ordering Service.

THE SCORE: FACTS ABOUT DRUGS

Published by HPE
Free

This is for the 14-16 year olds; it gives details of most drugs without preaching.
Available: Drugs Campaign Ordering Service

DRUGS: THE FACTS

Published by HPE
Free

Aimed at 11 – 14 year olds, has quizzes and information about most drugs.
Available: Drugs Campaign
Ordering service.

D-MAG

Published by Drugscope

For 16-25 year olds. Magazine style format.
Facts, problems and other information.

GORDON GOODSENSE GUIDES

Published by Rugby NHS Trust

A series of 8 leaflets covering the main illegal drugs. Very well presented in cartoon style.
Available: Rugby NHS Trust

ALCOHOL: THE FACTS FOR YOUNG PEOPLE

Published by HPE
Free

Also has information for parents. Presents choices, gives facts and explains the law.
Available: Marstone Book Services

SMOKING: GIVING UP FOR GOOD

Published by COI
Free

Do you want to stop? If so how to go about it and what problems might be met.
Available: HPE

SMOKING AND YOUR HEART

Published by British Heart Foundation
Free

How smoking affects the heart and the rest of the body. How to stop and help others to stop.
Available: British Heart Foundation

FACTS ABOUT AIDS HIV AND THE TEST

Published by HEA
Free

Explains what HIV and AIDs are, how HIV is caught and the precautions to take to avoid it.
Available: HPE

CD-ROMS

D-CODE

Published by HPE
Free

Interactive CD-Rom aimed at young people showing the risk of drug taking. Music, comedy and surprises
Available: Drugs Campaign Ordering Service

DRUGS AND SPORT

Published by UK Sport
Free

The ethics of the use of drugs in sport and detection methods

Available: UK Sport

DRINKING AND DRIVING

Published by the Portman Group
Free

A short guide giving facts, advice and the potential problems of drinking and driving.
Available: The Portman Group

PASSIVE SMOKING

Published by HPE
Free

What is passive smoking and what harm can it do? What you can do about it.
Available: HPE

SMOKING WHAT A PECULIAR HABIT

Published by The Stroke Association
Free

Some of the myths of smoking. What smoking actually does to the body.
Available: The Stroke Association

HIV AND AIDS

Published by AVERT

Information for young people. Directed at the 13 to 16 year olds.

A useful guide for this age group
Available: AVERT

DECONSTRUCTING D-CODE

Published by HPE
Free

Shows some of the uses of D- Code.
For teachers and those intending to use it for young people.
Available: Drugs Campaign Ordering Service

WHERE TO GET HELP

Your first port of call should be your local HEALTH PROMOTION CENTRE. You will find them in the telephone book or ask your local NHS Trust for the number. Centres usually stock most of the leaflets mentioned and often have loan copies of videos and drug cases.

Then talk to your local drug agency (in the telephone book), they too have leaflets and will often be able to supply a speaker to come and talk to your organisation.

NATIONAL DRUGS HELPLINE

0800 77 66 00

STOP SMOKING HELPLINE

0800 00 22 00

NATIONAL AIDS HELPLINE

0800 567 123

The agencies listed below will also be happy to help

ALCOHOL ANONYMOUS
Stonebow House

Stonebow
York YO1 7NJ
Tel: 01904 644026

Concerned with problem drinkers
Price List

AVERT

4 Brighton Road
Horsham
West Sussex RH13 5BA
Tel: 01403 210202

Information on AIDS
Price list

DRUGS CAMPAIGN ORDERING SERVICE

PO Box 105
Sandwich
Kent CT13 9BR
Tel: 01304 614 731

Supply HPE drug information
Publication list/order form

ALCOHOL CONCERN

Waterbridge House
32-36 Loman Street
London SE1 OEE
020 7928 7377

Drink related information
Publications catalogue

BRITISH HEART FOUNDATION

14 Fitzhardinge Street
London W1H 4DH
Tel: 020 7935 0185

Information on heart, health
Publications list

DRUSCOPE

32-36 Loman Street
London SE1 OEE
Tel: 020 7928 1211

Information on drugs. Helpline
Publications list

HPE (Health Promotion, England)
50 Eastbourne Terrace
London W2 3QR
Tel: 020 7725 9030

Drug and alcohol information
Publication list/order form

HOPE UK

25f Copperfield Street
London SE1 OEN
Tel: 020 7928 0848

Drug and alcohol awareness education
Resources guide

PORTAM GROUP

7-10 Chandos Street
Cavendish Square
London W1M 9DE
Tel: 0207907 3700

Information on sensible drinking
Publications list

MARSTON BOOK SERVICES

PO Box 269
Abingdon
Oxon OX14 4YN
Tel: 01235 465565

Supply HPA alcohol information
Publication list/order form

RUGBY NHS TRUST

The Orchard Centre
Lower Hillmorton Road
Rugby
Warwickshire CV21 3SR
Tel: 01788 555104

Drug and alcohol agency
Gordon Goodsense leaflets

STROKE ASSOCIATION

CHSA House
Whitecross Street
London EC1Y 8JJ
Tel: 020 7490 7999

Information on heart health
Publications list

UK SPORT

40 Bernard Street
London WC1N 1ST
Tel: 020 7841 9529

Information on drugs and sport
Drugs and sport leaflet

HIT

Cavern Court
8 Mathew Street
Liverpool L2 6RE
Tel: 0151 227 4012

Drug related harm reduction
Publications catalogue

LIFELINE

101-103 Oldham Street
Manchester M4 1LW
Tel: 0161 839 2075

Drug and alcohol agency
Publications catalogue

RELEASE

388 Old Street
London EC1V 9LT
Tel: 020 7729 5255

Legal aspects of drug use
Publications list

ReSolve

30a High Street
Stone
Staffordshire ST15 8AW
Tel: 0808 800 2345

Information on solvents
Publications list

SCOTTISH COUNCIL ON ALCOHOL

2nd Floor
166 Buchanan Street
Glasgow G1 2NH
Tel: 0141 333 9677

Scotland's alcohol charity
Publications list

TACADE

1 Hulme Place
Salford
Greater Manchester M5 4QA
Tel: 0161 745 8925

Drug and lifeskills education
Publications list

WELSH DRUG AND ALCOHOL UNIT

4th Floor, St David's House
Wood Street
Cardiff CF10 1ER
Tel: 02920 667766

Information on drugs and alcohol
Publications booklet